

MONKEYPOX

PROTECT YOURSELF, YOUR FRIENDS AND PARTNERS



HOW CAN I CATCH MONKEYPOX?

TOUCHING OBJECTS, FABRICS AND SURFACES USED BY SOMEONE WITH MONKEYPOX INCLUDING SEX

DIRECT CONTACT WITH MONKEYPOX RASH, SCABS OR BODILY FLUIDS



WHAT ARE THE SYMPTOMS?



FEVER



HEADACHE



SWOLLEN LYMPH NODES



MUSCLE ACHES



LOW ENERGY



BACK PAIN



RASH

IF YOU SUSPECT YOU HAVE MONKEYPOX



SELF ISOLATE AND DON'T HAVE SEX



GET MEDICAL ADVICE



BASIC HYGIENE